

**SaJaDo**  
**Color Belt Curriculum**

**10<sup>th</sup> Gup Requirements**

Kee Cho Hyung Il Boo  
Low Block  
Horizontal Punch  
Front Kick  
Outside Palm Deflect  
2 One Steps:  
versus Front Kick  
Il Kibon Combination

**9<sup>th</sup> Gup Requirements**

Kee Cho Hyung Ee Boo  
High Block  
Vertical Punch  
Side Snap Kick  
Side Thrust Kick  
Inside Palm Deflect  
2 One Steps:  
versus High Punch  
Ee Kibon Combination

**8<sup>th</sup> Gup Requirements**

Kee Cho Hyung Sam Boo  
Outside Block  
Outside Forearm Deflect  
Side Lunge Punch  
Roundhouse Kick  
2 One Steps:  
versus Horizontal Middle Punch  
Sam Kibon Combination  
Backward Breakfall

**7<sup>th</sup> Gup Requirements**

Kee Cho Hyung Sa Boo  
Inside Block  
Inside Forearm Deflect  
Backfist  
Back Kick  
3 One Steps:  
versus Horizontal Middle Punch  
Sa Kibon Combination  
Side Breakfall

**6<sup>th</sup> Gup Requirements**

Kee Cho Hyung Oh Boo  
Tiger Mouth  
OxJaw  
Closed 2 Hand Inside Block  
Inside Crescent Kick  
2 One Steps:  
1 versus Horizontal Middle Punch  
1 versus Frontal Knife Attack  
Oh Kibon Combination  
Forward Breakfall  
5 Breakaways

**5<sup>th</sup> Gup Requirements**

Pyung Ahn Cho Dan  
Hammerfist  
High X-Block  
Slap Kick  
Outside Crescent Kick  
2 One Steps:  
1 versus Hammerfist  
1 versus Frontal Knife Attack  
Yuk Kibon Combination  
Forward Roll  
Backward Roll  
5 Breakaways

**4<sup>th</sup> Gup Requirements**

Pyung Ahn Ee Dan  
Palm Heel  
Low X-Block  
Ax Kick  
Scoop Kick  
2 One Steps:  
1 versus Front Kick  
1 versus Horizontal Middle Punch  
Chil Kibon Combination  
Dive & Rolling Escape (Optional)  
HoSinSool:  
Same Side Wrist Grab ( 2 tech. )  
Cross Wrist Grab ( 2 Tech. )  
Straight Punch ( 2 Tech. )  
Weapons:  
ShuShiNoKon Kata

**3<sup>rd</sup> Gup Requirements**

Pyung Ahn Sam Dan  
Knifehand  
High Knifehand Block  
Hook Kick  
Front Knee Kick  
Roundhouse Knee Kick  
2 One Steps:  
1 versus Hammerfist  
1 versus Horizontal Middle Punch  
Pal Kibon Combination  
HoSin Sool:  
Middle Sleeve Grab ( 2 Tech. )  
Front Shoulder Grab ( 2 Tech. )  
Rear Shoulder Grab ( 2 Tech. )  
Weapons:  
Il Tahn Bong Hyung

**2<sup>nd</sup> Gup Requirements**

Pyung Ahn Sa Dan  
Ridgehand  
2 Hand Inside Knifehand Block  
Back Spin Kick  
Side Spin Kick  
Spin Outside Crescent Kick  
2 One steps:  
Verus Middle Punch  
Ku Kibon Combination  
HoSinSool:  
2 Hands Grab 1 Wrist (2Tech)  
2 Hands Grab 2 Wrists(2Tech)  
Overhead Attack(2Tech)  
Belt Grab Palm Up ( 2 Tech)  
Belt Grab Palm Down ( 2Tech)

**1<sup>st</sup> Gup Requirements**

Pyung Ahn Oh Dan  
Spearhand  
Jump Back Kick  
Jump Side Kick  
Jump Front Kick  
Jump Roundhouse Kick  
2 One Steps:  
Versus Middle Punch  
Ship Kibon Combination  
HoSinSool:  
Lapel Grab ( 2Tech)  
Frontal 2 Hand Choke ( 2 tech )  
All Bearhugs ( 4 Tech )  
Weapons:  
Ee Tahn Bong Hyung

## SaJaDo Blackbelt Curriculum

### 1<sup>st</sup> Dan Requirements

Bassai Dai  
Elbow Drill  
Jump Spin Back Kick  
Jump Spin Side Kick  
Jump Spin Outside Crescent Kick  
5 One Steps:  
2 versus Middle Punch  
1 versus Front Kick  
1 versus Roundhouse Kick  
1 versus Side Kick  
HoSinSool:  
Side Headlock (2Tech)  
Hairgrabs (2 Tech)  
Full Nelson (2 Tech)  
Weapons:  
ChoUnNoKon Kata

### 2<sup>nd</sup> Dan Requirements

Naihanji Cho Dan  
Naihanji Ee Dan  
Naihanji Sam Dan  
HoSinSool:  
Front Kick ( 2 Tech )  
Side Kick ( 2 Tech )  
Roundhouse Kick ( 2 Tech )  
Frontal Knife Attack ( 3 tech )  
YuSool ( Throws ):  
Knee Wheel vs. Lapel Grab or Choke  
One Arm Shoulder Throw vs.  
Rear Bearhug ( Arms In)  
Fireman's Carry vs. Straight Punch  
Weapons:  
Nunchaku Kata  
NiChoZai Kata  
Ne-Waza (Groundfighting ):  
Guard Position ( 5 Tech )  
Mount Position ( 5 Tech )  
Side Position ( 5 Tech )  
Back Position ( 5 Tech )

### 3<sup>rd</sup> Dan Requirements

Chil Sung Il Ro  
Chil Sung Ee Ro  
Chil Sung Sam Ro  
HoSinSool:  
Gun Defense ( 2 Tech )  
Wall Defense ( 2 Tech )  
Hostile handshakes ( 2 Tech )  
Hapkido Ground Defense ( 2 Tech )  
Yu Sool (Throws) :  
Hip Throw w/arm grabbing belt  
Hip Throw w/arm around head  
Float Drop Throw from choke  
Reaping Throws vs. Frontal Cloth grabs  
Weapons:  
Ji Pang E Hyung (Cane Form)  
TsunKuwaKataIchi ( Tonfa Form )  
Shime-Waza (Chokes):  
2 chokes from guard  
2 chokes from mount  
2 chokes from side  
2 chokes from back  
2 chokes from standing

### 4<sup>th</sup> Dan Requirements

LoHi Hyung  
Yu Sool ( Throws ):  
Center Lock Throw vs. Punch  
Cross Arm Throw vs. 2 hands grab 2 wrists  
Head Throw vs. Side Wrist Grab  
Weapons:  
Ni Cho Gama Kata  
Tsuken Akachu No Iyeku De Kata  
Ne Waza (Groundfighting):  
Guard Position ( 5 Tech )  
Mount Position ( 5 Tech )  
Side Position ( 5 Tech )  
Back Position ( 5 Tech )  
Inside Guard Position ( 5 Tech )  
Half Guard Position ( 5 Tech )

**SaJaDo**  
**Masters Curriculum**

**5<sup>th</sup> Dan Requirements**

Jindo Hyung  
Weapons:  
Kumdo Techniques:  
Proper Grip  
Bowling(Standing & Seated )  
Drawing Sword  
Sheathing Sword  
Footwork Drills & Stance  
Strikes:  
One count  
Two count  
Three count  
Retreat Strikes  
Combinations  
Striking Up & Down Floor  
Strikes w/About Face Floor Drills  
Blocks & Deflections

**6<sup>th</sup> Dan Requirements**

Sip Soo Hyung  
Weapons:  
Kumdo Techniques:  
Gallup Drills  
Accuracy Drills  
Speed Drills  
Partner Striking Drills  
20 Partner Fighting Combo.'s

**7<sup>th</sup> Dan Requirements**

Kong San Kun Hyung  
Weapons:  
Live Sword Techniques:  
Bowling(Standing & Seated)  
Drawing Sword  
Cleaning Sword  
Sheathing Sword  
10 Single Hand Cuts  
10 Two Hand Cuts  
Kong-Gi Hyung ( 5 Patterns)  
Ji Gum Hyung ( 1 Pattern )  
Pul Hyung ( 5 Patterns )

**8<sup>th</sup> Dan Requirements**

O Ship Sa Bo Hyung  
Weapons:  
Gum Ki Pe Da ( Power Cuts )  
Pa-Ram Hyung ( 5 Patterns )  
Mul Gum Hyung ( 1 Pattern )