

SaJaDo
Color Belt Curriculum

10th Gup Requirements

Kee Cho Hyung Il Boo
Low Block
Horizontal Punch
Front Kick
Outside Palm Deflect
2 One Steps:
versus Front Kick
Il Kibon Combination

9th Gup Requirements

Kee Cho Hyung Ee Boo
High Block
Vertical Punch
Side Snap Kick
Side Thrust Kick
Inside Palm Deflect
2 One Steps:
versus High Punch
Ee Kibon Combination

8th Gup Requirements

Kee Cho Hyung Sam Boo
Outside Block
Outside Forearm Deflect
Side Lunge Punch
Roundhouse Kick
2 One Steps:
versus Horizontal Middle Punch
Sam Kibon Combination
Backward Breakfall

7th Gup Requirements

Kee Cho Hyung Sa Boo
Inside Block
Inside Forearm Deflect
Backfist
Back Kick
3 One Steps:
versus Horizontal Middle Punch
Sa Kibon Combination
Side Breakfall

6th Gup Requirements

Kee Cho Hyung Oh Boo
Tiger Mouth
OxJaw
Closed 2 Hand Inside Block
Inside Crescent Kick
2 One Steps:
1 versus Horizontal Middle Punch
1 versus Frontal Knife Attack
Oh Kibon Combination
Forward Breakfall
5 Breakaways

5th Gup Requirements

Pyung Ahn Cho Dan
Hammerfist
High X-Block
Slap Kick
Outside Crescent Kick
2 One Steps:
1 versus Hammerfist
1 versus Frontal Knife Attack
Yuk Kibon Combination
Forward Roll
Backward Roll
5 Breakaways

4th Gup Requirements

Pyung Ahn Ee Dan
Palm Heel
Low X-Block
Ax Kick
Scoop Kick
2 One Steps:
1 versus Front Kick
1 versus Horizontal Middle Punch
Chil Kibon Combination
Dive & Rolling Escape (Optional)
HoSinSool:
Same Side Wrist Grab (2 tech.)
Cross Wrist Grab (2 Tech.)
Straight Punch (2 Tech.)
Weapons:
ShuShiNoKon Kata

3rd Gup Requirements

Pyung Ahn Sam Dan
Knifehand
High Knifehand Block
Hook Kick
Front Knee Kick
Roundhouse Knee Kick
2 One Steps:
1 versus Hammerfist
1 versus Horizontal Middle Punch
Pal Kibon Combination
HoSin Sool:
Middle Sleeve Grab (2 Tech.)
Front Shoulder Grab (2 Tech.)
Rear Shoulder Grab (2 Tech.)
Weapons:
Il Tahn Bong Hyung

2nd Gup Requirements

Pyung Ahn Sa Dan
Ridgehand
2 Hand Inside Knifehand Block
Back Spin Kick
Side Spin Kick
Spin Outside Crescent Kick
2 One steps:
Verus Middle Punch
Ku Kibon Combination
HoSinSool:
2 Hands Grab 1 Wrist (2Tech)
2 Hands Grab 2 Wrists(2Tech)
Overhead Attack(2Tech)
Belt Grab Palm Up (2 Tech)
Belt Grab Palm Down (2Tech)

1st Gup Requirements

Pyung Ahn Oh Dan
Spearhand
Jump Back Kick
Jump Side Kick
Jump Front Kick
Jump Roundhouse Kick
2 One Steps:
Versus Middle Punch
Ship Kibon Combination
HoSinSool:
Lapel Grab (2Tech)
Frontal 2 Hand Choke (2 tech)
All Bearhugs (4 Tech)
Weapons:
Ee Tahn Bong Hyung

SaJaDo Blackbelt Curriculum

1st Dan Requirements

Bassai Dai
Elbow Drill
Jump Spin Back Kick
Jump Spin Side Kick
Jump Spin Outside Crescent Kick
5 One Steps:
2 versus Middle Punch
1 versus Front Kick
1 versus Roundhouse Kick
1 versus Side Kick
HoSinSool:
Side Headlock (2Tech)
Hairgrabs (2 Tech)
Full Nelson (2 Tech)
Weapons:
ChoUnNoKon Kata

2nd Dan Requirements

Naihanji Cho Dan
Naihanji Ee Dan
Naihanji Sam Dan
HoSinSool:
Front Kick (2 Tech)
Side Kick (2 Tech)
Roundhouse Kick (2 Tech)
Frontal Knife Attack (3 tech)
YuSool (Throws):
Knee Wheel vs. Lapel Grab or Choke
One Arm Shoulder Throw vs.
Rear Bearhug (Arms In)
Fireman's Carry vs. Straight Punch
Weapons:
Nunchaku Kata
NiChoZai Kata
Ne-Waza (Groundfighting):
Guard Position (5 Tech)
Mount Position (5 Tech)
Side Position (5 Tech)
Back Position (5 Tech)

3rd Dan Requirements

Chil Sung Il Ro
Chil Sung Ee Ro
Chil Sung Sam Ro
HoSinSool:
Gun Defense (2 Tech)
Wall Defense (2 Tech)
Hostile handshakes (2 Tech)
Hapkido Ground Defense (2 Tech)
Yu Sool (Throws) :
Hip Throw w/arm grabbing belt
Hip Throw w/arm around head
Float Drop Throw from choke
Reaping Throws vs. Frontal Cloth grabs
Weapons:
Ji Pang E Hyung (Cane Form)
TsunKuwaKataIchi (Tonfa Form)
Shime-Waza (Chokes):
2 chokes from guard
2 chokes from mount
2 chokes from side
2 chokes from back
2 chokes from standing

4th Dan Requirements

LoHi Hyung
Yu Sool (Throws):
Center Lock Throw vs. Punch
Cross Arm Throw vs. 2 hands grab 2 wrists
Head Throw vs. Side Wrist Grab
Weapons:
Ni Cho Gama Kata
Tsuken Akachu No Iyeku De Kata
Ne Waza (Groundfighting):
Guard Position (5 Tech)
Mount Position (5 Tech)
Side Position (5 Tech)
Back Position (5 Tech)
Inside Guard Position (5 Tech)
Half Guard Position (5 Tech)

SaJaDo
Masters Curriculum

5th Dan Requirements

Jindo Hyung
Weapons:
Kumdo Techniques:
Proper Grip
Bowing(Standing & Seated)
Drawing Sword
Sheathing Sword
Footwork Drills & Stance
Strikes:
One count
Two count
Three count
Retreat Strikes
Combinations
Striking Up & Down Floor
Strikes w/About Face Floor Drills
Blocks & Deflections

6th Dan Requirements

Sip Soo Hyung
Weapons:
Kumdo Techniques:
Gallup Drills
Accuracy Drills
Speed Drills
Partner Striking Drills
20 Partner Fighting Combo.'s

7th Dan Requirements

Kong San Kun Hyung
Weapons:
Live Sword Techniques:
Bowing(Standing & Seated)
Drawing Sword
Cleaning Sword
Sheathing Sword
10 Single Hand Cuts
10 Two Hand Cuts
Kong-Gi Hyung (5 Patterns)
Ji Gum Hyung (1 Pattern)
Pul Hyung (5 Patterns)

8th Dan Requirements

O Ship Sa Bo Hyung
Weapons:
Gum Ki Pe Da (Power Cuts)
Pa-Ram Hyung (5 Patterns)
Mul Gum Hyung (1 Pattern)