**SaJa Hapkido**

**Master Series Curriculum**

**2nd Dan to 5th Dan**

**2nd Dan**

**HoSinSool**

1)Defense vs. 2 Hand frontal Choke

2)Hammerlock Defense vs. Same Side Wrist Grab

3)Gooseneck Defense vs. Same Side Wrist Grab

4)Fingerlock Defense vs. Pointing / Poking Finger

5)Defense vs. Hostile Handshake

6)Defense vs. Frontal BearHug(Arms In)

7)Defense vs. Frontal BearHug(Arms Out)

8)Defense vs. Rear BearHug(Arms In)

9)Defense vs. Rear BearHug(Arms Out)

**Combinations**

#1)PalKumChi/SonMok

#2)PalKumChi/SonMok

#3)PalKumChi/MokJoRuGi

**Weapons**

**Tahn Bong Basics**

**Strikes**

1)Right Downward Diagonal Strike

2)Left Downward Diagonal Strike

3)Right Upward Diagonal Strike

4)Left Upward Diagonal Strike

5)Right Horizontal Midsection Strike

6)Left Horizontal Midsection Strike

7)Right Temporal Strike

8)Left Temporal Strike

9)Top of Head Strike

10)Thrust

**Blocks**

1)High Block

2)Low Block

3)Inside Striking Block

4)Outside Striking Block

5)Outside Deflect

6)Inside Deflect

**3rd Dan**

**HoSinSool**

1)Defense vs. 2 Hand Frontal Choke

2)Hammerlock vs. Cross Wrist Grab

3)Gooseneck vs. Straight Punch

4)Fingerlock vs. Lapel Grab

5)Defense vs. Hostile Handshake

6)Defense vs. Frontal Bearhug (Arms In)

7)Defense vs. Frontal Bearhug (Arms Out)

8)Defense vs. Rear Bearhug (Arms In)

9)Defense vs. Rear Bearhug (Arms Out)

**Combinations**

#4)Yun Hang / SonMok

#5)Yun Hang / Pal Kum Chi

#6) Yun Hang / MokJoRuGi

**Weapons**

**Tahn Bong Sparring Sets**

1)4 Defenses vs. Straight Punch

2)3 Defenses vs. Overhead Attack

3)2 Defenses vs. 2 Hand Lapel Grab

4)Defenses vs. Same Side Wrist Grab

5)Defenses vs. Cross Wrist Grab

6)Defenses vs. Stick Grabs

**4th Dan**

**HoSinSool**

1)Fingerlock vs. Lapel Grab

2)Fingerlock vs. Choke

3)Fingerlock vs. Cross Wrist Grab

4)Ankle Takedown vs. Side Headlock

5)Double Ankle Takedown vs. Side Headlock

6)PalKumChi vs. HairGrab

7)YunHang vs. Hostile Handshake

8)Fingerlock vs. Full Nelson

9)Forward BooChae vs. Attempted Full Nelson

**Combinations**

#7)Son Mok/PalKumChi

#8)SonMok/BooChae

**Weapons**

**Cane Basics**

**Strikes**

1)Downward Strike

2)Upward Strike

3)Right Downward Diagonal Strike

4)Left Downward Diagonal Strike

5)Right Upward Diagonal Strike

6)Left Upward Diagonal Strike

7)Side to side Strike

8)Thrust

9)Hooking

**Blocks**

1)Rising Block

2)Low Block

3)Side Striking Block

4)2 Hand Side Striking Block

5)Downward Striking Block

**Cane Sparring Sets**

1)Cane vs. Straight Punch (7 Techniques)

**5th Dan**

**HoSinSool**

1)Wall Defense Technique #1 (Elbow Smash/Head Slam)

2)Wall Defense Technique #2 (Double Knifehand Chop/Knee Strike)

3)Sitting Defense Technique #1 (Ankle / Knee Takedown)

4)Sitting Defense Technique #2 (Back of Knee Takedown)

5)Sitting Defense Technique #3 (Double Leg Takedown/Ax Kick Finish)

6)Sitting Defense Technique #4 (Backward Flip / Choke Finish)

7)Thumb Strike vs. Headlock

8)YunHang vs. Hairgrab

9)Behind Back Armbar vs. Full Nelson

**Combinations**

#9)SonMok/HeiJun

#10)SonMok/YunHang/BooChae

**Weapons**

**Cane Sparring Sets**

1)Cane vs. Downward Attacks (4 Techniques)

2)Cane vs. Wrist Grabs (4 Techniques)

3)Cane vs. 2 Hand Frontal Chokes (2 Techniques)

4)Cane vs. 2 Hand Rear Attacks (2 Techniques)

5)Cane vs. Bearhugs (4 Techniques)

6)Cane vs. Rear Choke (2 Techniques)

7)Cane vs. Knife Attacks (2 Techniques)

8)Cane vs. Kicks (3 Techniques)