

KoBuMooKiDo
Curriculum
6th Kyu to 1st Kyu

6th Kyu

BoHojoUndo #1

- 1) Top of Head Strike
- 2) Side of Neck Strike
- 3) Midsection Strike
- 4) Low Attack
- 5) Throat Thrust

5th Kyu

BoHojoUndo #2

- 1) High Block
- 2) Side of Neck Block
- 3) MidSection Block
- 4) Low Block
- 5) Throat Hooking Block

Kumite

- Bo vs. Bo Group #1
High Block vs. Top of Head Attack
Side Block vs. Side Neck Attack
Midsection Block vs. Midsection Attack
Low Block vs. Low Attack
Throat Hooking Block vs. Throat Thrust

4th Kyu

BoHojoUndo #3 (Changing Grips)

- 1) Top of Head Attack
- 2) Side of Neck Attack
- 3) Midsection Attack
- 4) Low Attack
- 5) Throat Hooking Block / Throat Thrust

ShuShiNoKon Kata

3rd Kyu

Tahn Bong Strikes

- 1) Right Downward Diagonal Strike
- 2) Left Downward Diagonal Strike
- 3) Right Upward Diagonal Strike
- 4) Left Upward Diagonal Strike
- 5) Right Horizontal Midsection Attack
- 6) Left Horizontal Midsection Attack
- 7) Right Temporal Strike
- 8) Left Temporal Strike
- 9) Top of Head Strike
- 10) Thrust Strike

Tahn Bong Blocks

- 1) High Block
- 2) Low Block
- 3) Inside Striking Block
- 4) Outside Striking Block
- 5) Outside Deflect
- 6) Inside Deflect

2nd Kyu

Il Tahn Bong Hyung

Tahn Bong Sparring Sets

- vs. Straight Punch (4 Techniques)
Vs. Downward Attack (3 Techniques)

1st Kyu

Tahn Bong Sparring Sets

- vs. 2 Hand Lapel Grab (2 Techniques)
Vs. Same Side Wrist Grab
Vs. Cross Wrist Grab
Vs. Tahn Bong Retrieval(2 Techniques)

Ee Tahn Bong Hyung

KoBuMooKiDo
Curriculum
1st Dan

1st Dan

Bo HojoUndo#4

- 1) Low Block, Side of Neck Strike
- 2) Low Side Hitting Block, Foot Poke
- 3) Sand Throw
- 4) Push Down or Hold Down Technique
- 5) Reverse Dragon Tail Strike, Throat Attack

ChoUnNoKon Kata